AGRILIFE FITNESS CLASSES

EMPLOYEE WELLNESS
TEXAS A&M AGRILIFE

South Campus - 1470 William D. Fitch
College Station, TX 77845

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Room 176	Room 176	Room 176	Room 176	Room 176
12:15 – 1:00	Dance Fitness w/ Lauren	Circuit w/Cynthia	Alternating KICKBOXING w/ Michelle Yoga w/ Regina	Circuit w/Cynthia	KICKBOXING w/ Michelle

Trainers:

Healthy Goals ~ Healthy Living