AGRILIFE VIRTUAL FITNESS CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Zumba – Lauren Coleman		**Core Exercises - Cathie**	**Bodyweight Strength - Cathie**	**Advanced Kickboxing - Cathie**
12:00 - 12:40 pm		*12:00 - 12:40 pm*	*12:00 – 12:40 pm*	*12:00 – 12:40 pm*
Meeting Link		Meeting Link	Meeting Link	Meeting Link
Meeting ID: 947 1631 3676		Meeting ID: 773 8169 1294	Meeting ID: 773 8169 1294	Meeting ID: 773 8169 1294
Password: ZUMBA		Password: Cathie	Password: Cathie	Password: Cathie