

AGRILIFE FITNESS CLASSES



Forest Service

****Located at the Headquarters building – Room 1105-C & Wellness Center****

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00 – 1:00	Circuit Training				
12:10 – 1:00				Circuit Training	
12:15 – 1:15		Sit and Be Fit			

Healthy Goals ~ Healthy Living

