

# AGRILIFE FITNESS CLASSES



**South Campus - 1470 William D. Fitch  
College Station, TX 77845**

<b>TIME</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	<b>Room 176</b>	<b>Room 176</b>	<b>Room 176</b>	<b>Room 176</b>	<b>Room 176</b>
<b>12:15 – 1:00</b>	<b>ZUMBA (Virtual/ Lauren)</b>	<b>Circuit w/Cynthia</b>	<b>Alternating KICKBOXING w/ Michelle  Yoga w/ Regina</b>	<b>Circuit w/Cynthia</b>	<b>KICKBOXING w/ Michelle</b>

Trainers:

**Healthy Goals ~ Healthy Living**

