



Focusing on Important Necessities in your Dwelling– FIND Webinar

AgriLife Employee Wellness invites you to participate in a webinar focusing on decluttering on April 14, 2022 at 10:30 – 11:30 a.m. presented by **Flora Williams and Z'Aundria Warren, CEAs- Family and Community Health.**

[CLICK HERE](#) to register. Registrants will receive a link to the presentation via e-mail on April 13, 2022.

FIND WEBINAR

April 14, 2022

10:30-11:30 am

Focusing on Important Necessities in your Dwelling

Presenters: Flora Williams & Z'Aundria Warren
CEAs-Family and Community Health

Clutter is a problem for most people. Learn how to focus on reducing clutter by FINDing things that are important necessities in your dwelling.

- Why do we have clutter?
- Benefits of reducing clutter
- Barriers to reducing clutter
- How to reduce clutter
- Maintaining clutter balance in your life



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For questions, please contact: *Texas A&M AgriLife Employee Wellness Committee* | AgriLifeWellness@aq.tamu.edu | p. 979-845-2423

Check out the [AgriLife Employee Wellness webpage](#) for upcoming events and resources

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