



November 16, 2018

TO: Texas A&M AgriLife Employees

SUBJECT: Deer Oaks Employee Assistance Program

Deer Oaks Employee Assistance Program (EAP) is a free service provided to all employees and their household members/dependents, including retirees.

The EAP program offers a wide variety of confidential services including counseling, referral, wellness and consultation services which are all designed to assist you in resolving work/life issues. In addition, resources for organizational training and skills development for both supervisors and employees are available, including a monthly online seminar and newsletters. All these services can be easily accessed by

telephoning the toll-free Helpline: (888) 993-7650;

emailing <u>eap@deeroaks.com</u>; or

going to the website: www.deeroakseap.com.

To log into your agency's page on the website find your user name/password here:

AGENCY NAME	<u>User Name &amp;</u> <u>Password</u>
AgriLife Extension Service	tamuaes
AgriLife Research	tamuar
Forest Service	tamuf
TVMDL	tamuvmdl

Deer Oaks EAP is a 24 hour/365 day free, confidential program to help you balance your work, family, and personal life. For more information on what Deer Oaks EAP can offer you as a Texas A&M AgriLife employee, check out our website at https://agrilifeas.tamu.edu/hr/about-us/eap/.