



March 3, 2020

TO: AgriLife On/Off Campus Unit Contacts

SUBJECT: Wellness Credit for the A&M Care Plan – 2 Step Program

**A&M Care Health Plan Participants:**

Beginning this year, employees and spouses covered on the A&M Care plan have an option to choose two wellness tasks to complete from their MyEvoke Personalized Checklist to receive the \$30 wellness credit for September 2020. See the attachment for specific instructions on how to access your MyEvoke Personalized Checklist.

The Texas A&M University System recognizes the importance of fostering employee wellness. The Wellness Initiative includes a two-pronged approach: incentivizing employees to complete healthy tasks and engaging employees in healthy behaviors through programs encouraging wellness.

**Two-Step Wellness Program**

Completing any two steps on your MyEvoke Personalized checklist\* will ensure that you have the lowest rate for your health insurance premiums.

Highlights of the Wellness Incentive:

- Complete **two activities** between September 1 and June 30. (A wellness exam is still an option but not required.)
- Applies to **employees AND covered spouses** enrolled in the **A&M Care Plan**.  
Does not apply to employees hired after Sept. 1, 2019, grad student employees with the Grad Health plan, retirees, or employees with the A&M Care J plan.
- A premium reduction of \$30 per month will be applied for each individual (you and your spouse) who completes two tasks **by the June 30** deadline.
- You can view your personalized checklist and verify your completion status for the wellness premium incentive by logging into or registering for your MyEvoke account at [tamus.myevive.com](http://tamus.myevive.com)

*\*The alternate health assessment available on Well on Target through Blue Access for Members (BAM) can also count toward your wellness credit.*

**E**-news  
ADMINISTRATIVE SERVICES



TEXAS A&M  
AGRI LIFE

**\*\*Please contact MyEvoke member services at [memberservices@goevive.com](mailto:memberservices@goevive.com) if you believe you have completed a task, but the information is not reflected in your MyEvoke account. The benefits department has not been given access to your My Evoke account.**

**(note - remember that it can take 6 to 8 weeks from the time of your wellness exam for the claim to process and the incentive to show on your MyEvoke account)**

**If you choose not to participate in the wellness premium incentive program, you will not receive the \$30 premium reduction.**

**For questions, please contact:**

*Texas A&M AgriLife Employee Benefits* | [AgriLifeBenefits@ag.tamu.edu](mailto:AgriLifeBenefits@ag.tamu.edu) | p. 979-845-2423