



June 3, 2021

TO: Texas A&M AgriLife On & Off Campus HR Contacts

SUBJECT: 2021 Texas A&M AgriLife Administrative Services Employee Development Workshop Series – Course Recordings & Registration Links

Texas A&M AgriLife Administrative Services is pleased to announce our 2021 Employee Development Workshop Series. **The catalogue of course descriptions and registration links is attached.** All topics will be delivered virtually and targeted to employees and managers. **Please share with employees in your unit, as appropriate, including faculty.**

Course providers are

- Texas A&M AgriLife Administrative Services
- Texas A&M AgriLife's EAP Provider, Guidance Resources

[Recordings or Handouts](#) of some of our earlier workshops are available under *Learning Development*.

Upcoming Courses

Being Adaptive in Order to Thrive in Our Everchanging World

Monday, June 7, 2021 @ 8:30 – 9:15 a.m.

[Registration Link: Being Adaptive in Order to Thrive in Our Everchanging World](#)

Presenters: GuidanceResources

Target Audience: Anyone who wants to build skills to be more adaptive inside and outside of work.

Description: “Because we’ve always done it like that,” may not be the best answer to, “Why do we do the things we do?” In our ever-changing world, we are seeing shifts in our markets and economies, our cultural norms, our behaviors, and ourselves. Now is the time to thrive by learning how to be adaptive and to be consistently able to change yourself to accommodate and maximize the benefits of change.

By the end of this workshop, you will be able to:

- Differentiate between being adaptive and similar concepts
- Recognize the importance of being adaptive in work and life
- Examine traits of highly adaptive people
- Outline action steps to take to improve adaptive skills

Health & Wellness: An Overview of MyEvive

Wednesday, June 16, 2021 @ 11:00 – 11:30 a.m.

[Registration Link: Health & Wellness: An Overview of MyEvive](#)

Presenter: Judy Kurtz

Description: An overview of MyEvive, our one-stop-shop for benefit resources with a focus on the Two-Step Wellness Program – benefits and, how to access it?

Questions should be directed to agrilifehr@ag.tamu.edu .