



# ***AGRILIFE FITNESS CLASSES***

**TVMDL @ 483 Agronomy Road**

<b>TIME</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>12:00-1:00 PM</b>			<b>Stretch Lab Rm 101 B</b>		
<b>5:15 – 6:00</b>	<b>YOGA Room 101 B</b>	<b>CIRCUIT Fitness room</b>		<b>CIRCUIT Fitness room</b>	
<b>5:45 – 6:45</b>			<b>ZUMBA Room 101 B</b>		

**\*\*Due to LAB restrictions, only AgriLife employees with building access are allowed to participate.**

**Healthy Goals ~ Healthy Living**

