



July 29, 2016

SUBJECT: AgriLife Employee Wellness Newsletter – AUGUST 2016

**Welcome to the August issue of the AgriLife Employee Wellness online newsletter!**

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**TH TOP HEALTH.**

**Welcome!**  
AUGUST 2016 ISSUE

Four vaccines are recommended for preteens and teens, and most states require them before school starts in the fall.



**Preteens, Teens and Vaccines**

*Inside:*

Stand Up for Better Health • Dementia: What You Need to Know • Power Snacks

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