

E-news
ADMINISTRATIVE SERVICES



TEXAS A&M
AGRI LIFE

January 4, 2017

TO: Texas A&M AgriLife Benefits-Eligible Employees

SUBJECT: AgriLife Employee Wellness Newsletter – JANUARY 2017

Welcome to the January issue of the AgriLife Employee Wellness online newsletter!

*** FYI - Keep up to date with the current Wellness Events by going to our website....[AgriLife Wellness](#)**

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JANUARY 2017 ISSUE

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Ease Eye Strain • How do you use your digital device? • Shake Off Those Winter Blues

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